

# PARISH AND SHRINE OF THE IMMACULATE CONCEPTION

48-50 Princes Highway (PO Box 14) Unanderra NSW 2526

[www.unanderraparish.org.au](http://www.unanderraparish.org.au)

[www.facebook.com/Immaculate-Conception-Unanderra-Parish-102440924742769/](https://www.facebook.com/Immaculate-Conception-Unanderra-Parish-102440924742769/)



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**Parish Pastoral Council President:** Mr Chris Lyon  
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**Parish School:** St Pius X Primary School  
 Cnr Hargreaves & Cummins Streets  
 (PO Box 358) Unanderra NSW 2526  
 Phone: 4271 3550 | Fax: 4272 2954

**School Principal:** Mrs Pauline Chrostowski

**Parish Secretary:** Mrs Melissa Bridges (Mon/Wed/Fri)

**Parish Office:** Email: [unanderra@dow.org.au](mailto:unanderra@dow.org.au)  
 Website: [www.unanderraparish.org.au](http://www.unanderraparish.org.au)  
 Phone: 4271 1068

## THE NINETEENTH SUNDAY IN ORDINARY TIME (YEAR B) – 11 AUGUST 2024

**Parish Vision—We are a diverse community united by our love for Jesus and for one another, constantly seeking to grow in this love especially through the Eucharist. We welcome everyone and help each other to discover their unique gifts, joyfully working together as one to bring the overflowing love of Jesus to all people.**

Weekly Programme	Immaculate Conception UNANDERRA	St Therese WEST WOLLONGONG
<b>Mon 12 Aug</b> <i>St Jane Frances de Chantal</i>	Mass: 7am	
<b>Tues 13 Aug</b> <i>Sts Pontian and Hippolytus</i>	Mass: 5:30pm Reconciliation: 6pm - 6:30pm Rosary: 6pm Adoration: 6pm - 6:30pm	Mass: 7:45am
<b>Wed 14 Aug</b> <i>St Maximilian Mary Kolbe, priest, martyr</i>	Mass: 7am	Adoration: 4:30pm Reconciliation: 4:30pm - 5:15pm Mass: 5:30pm
<b>Thurs 15 Aug</b> <i>The Assumption of the Blessed Virgin Mary</i>	Mass: 5:30pm Reconciliation: 6pm - 6:30pm Adoration: 6pm - 6:30pm	Mass: 7:45am
<b>Fri 16 Aug</b> <i>St Stephen of Hungry</i>	Mass: 7am	Mass: 9:30am
<b>Sat 17 Aug</b>	Rosary 7am Mass: 7:30am Reconciliation: 11am <b>Mass: 5pm</b>	Rosary: 8:30am Mass: 9am Reconciliation: 9:30am
<b>Sun 18 Aug</b>	Mass: 8am Mass: 10am (Polish)	Mass: 10am Mass: 5pm

### PLEASE REMEMBER IN YOUR PRAYERS

#### Recently Deceased

**Prayers for the sick**  
 Michael Murphy (Figtree), Peter Lathourakis, Gloria Simmonite, Antoinette Sakr, Kerrie Maidment, Josephine Moran, Julie Murphy

#### Anniversaries

Ron Gandy, Sr Anne King RSJ,  
 Sr Mark Boyle RSJ, Cecil Clarke,  
 Dot Philpot, Beatrice Williams



### PARISH OFFICE HOURS

[unanderra@dow.org.au](mailto:unanderra@dow.org.au) / 4271 1068

Monday: 8:30am-3:30pm  
 Tuesday: Closed  
 Wednesday: 8:30am-3:30pm  
 Thursday: Closed  
 Friday: 8:30am-3pm

## *Message from Sr Kerry*

It was one of those mornings. I think you know the feeling. I was snug in bed. There was no urgency to the day. Despite being wide awake I didn't want to get up. After wrestling with the thought of getting up I decided to get up and check out the approaching sunrise.

Moving out to the back of the house I was stunned with the way God greeted me. God may seem distant at times, but God is also stunningly close. Wherever God is for you at this time I pray you will experience the love and goodness of our loving God. May we not be so snug and comfortable that we struggle to open our eyes to all that will embrace our day.



**Sr Kerry Gardiner**

### FOSTER CARE - MESSAGE FROM BISHOP BRIAN

Dear Sisters and Brothers in Christ,

It has been brought to my attention a crisis affecting our diocese that I feel compelled to share with you all. Currently, over 350 children and young people in NSW are in urgent need of foster care, with nearly 100 of them residing in our diocese. These vulnerable young people are placed in high-cost emergency accommodations, such as hotels and caravan parks, without the stability and nurturing relationships they deserve. It is imperative that we come together to offer these children a loving and secure environment by opening our homes and hearts. Whether through weekend respite care or full-time fostering, we can make a significant impact on their lives. I urge you to watch and share a video I have created outlining the challenges faced by the foster care system in our diocese at [dow.sh/bmfc24](http://dow.sh/bmfc24) and consider reaching out to CatholicCare Wollongong at **4227 1122** to inquire about becoming a foster carer. Your support can provide these children with the love and stability they need to thrive. Thank you for your attention to this critical issue, and may we all strive to be the loving, faithful families these children deserve.

#### ROSTER — THIS WEEKEND

August	Church Washing	Susan Adams	
Sat 10 Aug	Church Cleaning	McInerney Family, B Collins	
Sat 10 Aug	Lawns	No lawn mowing this week	
	Lectors	Welcomers	Children's liturgy
5pm 10 Aug	D Nugent	B Farraway	
8am 11 Aug	T Vaafusuaga	J Sharwood	Kylie & Molly Hertsch, Gemma Farrugia
Counters	M Murphy (FH), C Stratton, M Winner		

#### ROSTER — NEXT WEEKEND

August	Church Washing	W & J Rodgers, J Andersson	
Sat 17 Aug	Church Cleaning	McInerney Family, B Collins	
Sat 17 Aug	Lawns	No lawn mowing this week	
	Lectors	Welcomers	Children's liturgy
5pm 17 Aug	M Rodwell		
8am 18 Aug	C Lyon	A Arnone	Leah Galea, Alison Sharwood.
Counters	A Kelly, B Farraway		

## PARISH NEWS

### Celebrant for Sunday Mass

Saturday 5pm Fr Bill Goldman, Sunday 8am Fr Bill Goldman

**The Solemnity of the Assumption of the Blessed Virgin Mary** (15th August) is a "Holy Day of Obligation" for Catholics. This means that, along with Christmas Day and the Sundays of the year, all Catholics are called to gather for Mass, if possible, to celebrate our heavenly mother, who was assumed body and soul into heaven at the end of her earthly life. For West Wollongong and Unanderra, there will be three opportunities to celebrate the Mass of the Assumption:

- \* **Wed 14 Aug 5:30pm** Mass at West Wollongong will be the Vigil Mass of the Assumption;
- \* **Thurs 15 Aug 7:45am** at West Wollongong;
- \* **Thurs 15 Aug 5:30pm** Mass at Unanderra (Fr Duane & Fr Jerzy).



### Assumption Day with UOW Catholic Society

There will be a Mass offered on the Assumption at UOW Wollongong Campus.

**Time:** 12:35pm, Thursday 15 August.  
**Location:** Clubs Room, Building 11 (We will confirm the location on our social media closer to the date).  
Students, staff, and any visitors are very welcome to join!

### STIC young adults meets each Thursday

Young adults (18-35) are warmly welcome to get involved with the great events being hosted by STIC Young Adults

**First Thursday:** Guest speaker (7pm @St Therese)  
**Last Thursday:** Prayer and Pub (5:30pm Mass @ Immaculate Conception + dinner at Collegians Figtree)  
**Every other Thursday:** Faith studies and fellowship (7pm @St Therese). For further details, follow "STIC Young Adults" on Instagram and Facebook.



### Silver Circle results - week 9

1st B Faraway No. 27, 2nd Telesia No 2

### Christian Meditation: Inquiries: Please text Monica 0412 056 877

Meets weekly at 6pm Mondays at St Therese' Parish Centre. Please invite friends and those of all faiths and none who may be interested to come along.  
**Each must learn just to be.....open to the silent presence of the Spirit..** John Main OSB



### Vinnies Winter Bucket Appeal - 17/18 August 2024

Vinnies Unanderra Conference will hold it's annual Winter Appeal bucket collection after each Mass next weekend 17 and 18 August. Envelopes will be available for those requiring a receipt also hopefully an eftpos machine will be available at the church side door. All money raised is used by the Unanderra Conference to support local families in need. The Unanderra Conference receives on average more than 10 requests for help every week for a variety of reasons, especially for food and rent assistance. When you give to Vinnies you're helping our volunteers rebuild lives.

### Parish Finances - week ending 4 August 2024

\$539	First Collection	- Clergy Remuneration Fund
\$405	Second collection	- Parish expenses
\$160	Tap Point donations	
\$285	Planned giving envelopes	
\$529	Direct debits (weekly average from June).	

Direct debits can be contributed weekly, fortnightly or monthly

### STIC and the Carmelite Friars

Invite all young adults (18-35) to join them for a time of prayer and reflection. The morning will consist of a talk, followed by Adoration, midday prayer, and a meal.

**Date:** 9am-2pm, Saturday 17 August  
**Location:** Mt Carmel Retreat Centre, Varroville NSW  
**Cost:** By donation  
**RSVP now:** [tinyurl.com/VarrovilleRetreatRSVP](https://tinyurl.com/VarrovilleRetreatRSVP)

## THE JOURNEY CATHOLIC RADIO PROGRAMME - AIRS SUNDAY 11 AUGUST 2024

On the Journey this week. Fr Michael Fallon says Jesus invites us to come to him as we are, and he will be our nourishment given us by God for our life journey. Mother Hilda asks, "is your life presence friendly?" Fr Tony Percy says that in the Greek, God is offering us Zoe, the ultimate gift, eternal and divine life. Francine Pirola encourages couples to regularly renew their vows, and Fr Mike Delaney shares the experience of meeting strangers and friends in person rather than via social media.



Listen at [jcr.org.au](https://jcr.org.au)

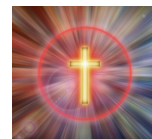
## A VOCATION VIEW

Each year the Church in Australia marks "**National Vocations Awareness Week**" in August, connected with the celebrations of the Feast of St John Vianney (patron saint of priests) and St Mary of the Cross MacKillop (Australia's first saint).

This year, in the week of **4-11 August**, we reflect once more upon Pope Francis's message from Good Shepherd Sunday, reminding us that all of us, whether married, ordained, religious or single, are "called to sow seeds of hope and build peace".

Read the Pope's full message here: [dow.sh/gss24](https://dow.sh/gss24)  
Pope Francis beckons us to "Rise up!" Let us awaken from sleep, let us leave indifference behind, let us open the doors of the prison in which we so often enclose ourselves, so that each of us can discover his or her proper vocation in the Church and in the world, and become a pilgrim of hope and a builder of peace! Let us be passionate about life and commit ourselves to caring lovingly for those around us, in every place where we live. Let me say it again: Have the courage to commit!"

If you want to talk about your vocation, please contact the diocesan vocations director, Fr Duane Fernandez at [vocations@dow.org.au](mailto:vocations@dow.org.au)



## CCD LEVEL 1 CATECHIST COURSE VIA ZOOM STARTS ON 19 AUGUST FOR 4 MONDAYS

**Dates:** Mondays, 19, 26 Aug, 2, 9 Sept (via Zoom)  
**Time:** 9:30am - 1:30pm  
Beginning and experienced SRE Catechists are invited to register by following this link [dow.sh/ccdlevel1onzoom](https://dow.sh/ccdlevel1onzoom) or contact Sue Clark at [support@ccdwoollongong.com](mailto:support@ccdwoollongong.com).

## IGNITE CONFERENCE 2024 RISE UP! SYDNEY 26 - 29 SEPTEMBER

Ignite Conference is a gathering of Catholics for four days of real-world formation, renewal of faith, great people and powerful worship. Join with young people from our Diocese and over 2000 high schoolers, young adults, leaders, teachers, priests and religious taking part in a life changing encounter with God and His Church.

For more information, go to [igniteconference.com.au](https://igniteconference.com.au) and contact Arnie Hurdoyal at 0431 611 128 or [Arnie.hurdoyal@dow.org.au](mailto:Arnie.hurdoyal@dow.org.au) to be part of our Diocesan Group attending this amazing event

## FIRE WEEKEND - 9-11 AUGUST CARMEL HOUSE, VARROVILLE

Fire Weekends are for singles and young marrieds aged 18 -35 who want to grow deeper in their relationship with God and discover more about their faith. The event will include activities such as talks, personal sharings, dramas, recreation time, sport, prayer, good food, live music, reconciliation, Mass, and Adoration. *Note: The Sacrament of Reconciliation will be available throughout the weekend, and Mass will be celebrated on the Sunday.*  
<https://form.jotform.com/ymtaustralia/dojfireweekend2024>

# 11 AUGUST - THE NINETEENTH SUNDAY IN ORDINARY TIME (YEAR B)

**First Reading - 1 Kings 19:4-8**

***Strengthened by the food, he walked to the mountain of the Lord.***

Elijah went into the wilderness, a day's journey, and sitting under a furze bush wished he were dead. 'O Lord,' he said 'I have had enough. Take my life; I am no better than my ancestors.' Then he lay down and went to sleep. But an angel touched him and said, 'Get up and eat.' He looked round, and there at his head was a scone baked on hot stones, and a jar of water. He ate and drank and then lay down again. But the angel of the Lord came back a second time and touched him and said, 'Get up and eat, or the journey will be too long for you.' So he got up and ate and drank, and strengthened by that food he walked for forty days and forty nights until he reached Horeb, the mountain of God.

**Responsorial Psalm - Taste and see the goodness of the Lord.**

1. I will bless the Lord at all times,  
his praise always on my lips;  
in the Lord my soul shall make its boast.  
The humble shall hear and be glad. R.
2. Glorify the Lord with me.  
Together let us praise his name.  
I sought the Lord and he answered me;  
from all my terrors he set me free. R.
3. Look towards him and be radiant;  
let your faces not be abashed.  
This poor man called, the Lord heard him  
and rescued him from all his distress. R.
4. The angel of the Lord is encamped  
around those who revere him, to rescue them.  
Taste and see that the Lord is good.  
He is happy who seeks refuge in him. R.

**Second Reading - Ephesians 4:30-5:2**

***Walk in love, just as Christ***

Do not grieve the Holy Spirit of God who has marked you with his seal for you to be set free when the day comes. Never have grudges against others, or lose your temper, or raise your voice to anybody, or call each other names, or allow any sort of spitefulness. Be friends with one another, and kind, forgiving each other as readily as God forgave you in Christ. Try, then, to imitate God as children of his that he loves and follow Christ loving as he loved you, giving himself up in our place as a fragrant offering and a sacrifice to God.

**Gospel Acclamation:**

**Alleluia, alleluia! I am the living bread from heaven, says the Lord; whoever eats this bread will live forever. Alleluia!**

**Gospel - John 6:41-51**

***I am the living bread come down from heaven***

The Jews were complaining to each other about Jesus, because he had said, 'I am the bread that came down from heaven.' 'Surely this is Jesus son of Joseph' they said. 'We know his father and mother. How can he now say, "I have come down from heaven"?' Jesus said in reply, 'Stop complaining to each other.

'No one can come to me  
unless he is drawn by the Father who sent me,  
and I will raise him up at the last day.  
It is written in the prophets:  
They will all be taught by God,  
and to hear the teaching of the Father,  
and learn from it,  
is to come to me.  
Not that anybody has seen the Father,  
except the one who comes from God:  
he has seen the Father.  
I tell you most solemnly,  
everybody who believes has eternal life.  
'I am the bread of life.  
Your fathers ate the manna in the desert  
and they are dead;  
but this is the bread that comes down from heaven,  
so that a man may eat it and not die.  
I am the living bread which has come down from heaven.  
Anyone who eats this bread will live for ever;  
and the bread that I shall give is my flesh,  
for the life of the world.'