

PARISH AND SHRINE OF THE IMMACULATE CONCEPTION

48-50 Princes Highway (PO Box 14) Unanderra NSW 2526

www.unanderraparish.org.au

www.facebook.com/Immaculate-Conception-Unanderra-Parish-102440924742769/



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School Principal: Mrs Pauline Chrostowski

Parish Secretary: Mrs Melissa Bridges (Mon/Wed/Fri)

Parish Office: Email: unanderra@dow.org.au
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TWENTY EIGHTH SUNDAY IN ORDINARY TIME (YEAR C) – 9 OCT 2022

Parish Vision—We are a diverse community united by our love for Jesus and for one another, constantly seeking to grow in this love especially through the Eucharist. We welcome everyone and help each other to discover their unique gifts, joyfully working together as one to bring the overflowing love of Jesus to all people.

Weekly Programme	Immaculate Conception UNANDERRA	St Therese WEST WOLLONGONG
Mon 10 Oct	Mass: 7am Rosary: 7:40am 	
Tues 11 Oct <i>St John XXIII, pope</i>	Mass: 5.30pm Rosary: 6:10pm 	Mass: 7:45am
Wed 12 Oct	Mass: 9:30am Rosary: 10:10am 	Adoration: 4:30pm Reconciliation: 4:30pm—5:15pm Mass: 5:30pm 
Thurs 13 Oct	Adoration: 4:30pm-5:15pm  Reconciliation: 4:30pm-5:15pm Rosary: 6:10pm Mass: 5:30pm 	Mass: 7:45am
Fri 14 Oct <i>St Callistus I, pope, martyr</i>	Mass: 7am Rosary: 7:30am 	Mass: 9:30am
Sat 15 Oct <i>St Terese of Jesus, virgin, doctor</i>	Rosary: 7:00am  Mass: 7:30am Reconciliation: 5pm - 5:30pm Mass: 6pm	Rosary: 8:40am Mass: 9am Reconciliation: 9:30am 
Sun 16 Oct	Mass: 8am Mass: 10am (<u>Polish</u>)	Mass: 10am Mass: 5pm

PLEASE REMEMBER IN YOUR PRAYERS

Recently Deceased

Maria Perri, Ileana Corradini

Anniversaries

Manuel Mamanglu, Ekrem Hoxha,
Jan Powell, Kevin Kearney

Prayers for the sick

Craig Battley, Francesca Quetcher



PARISH OFFICE HOURS

unanderra@dow.org.au / 4271 1068

Monday: 8:30am-3:30pm
 Tuesday: Closed
 Wednesday: 8:30am-3:30pm
 Thursday: Closed
 Friday: 8:30am-3pm

Message from Fr Duane

Having reflected upon the fruits of last week's Clergy Retreat last week in my own spiritual life, it occurred to me just how fruitful spiritual retreats can be for the soul – not just for clergy, or religious brothers and sisters, but for all Catholics. Especially with the busyness and distractions that tend to take so much of our attention these days, it is worth remembering that Jesus himself often “went away to a lonely place to pray”, and also said to the apostles “you must come away and rest a while”. Whatever your stage of life, or faith, if you would be interested in pursuing an organized spiritual retreat, feel free to get in touch with me for more information or check the Diocesan website here <https://www.dow.org.au/event/category/retreat/>

If an extended retreat isn't possible in your schedule, don't give up on the concept itself. Maybe a morning or afternoon away for you to be alone with God, perhaps enjoying some of the beauty of our own local area, might be surprisingly fruitful for you. Let's especially focus on making every Sunday, where possible, a weekly “retreat” from the busyness of life, where rest, recreation, quality time with loved ones and worship of God can renew us, body and soul, for the coming week.

Fr Duane Fernandez

Message from Sr Kerry

On an early train trip to Sydney, I was taken by the selfish attitude, of what I consider, must be regular passengers. One lady in particular captured my attention. She positioned herself in the middle of a three seat of the carriage. On the aisle side of the seat she placed a large handbag. Everything about her shouted, “keep away from this space.”

As people boarded the train they would think there was a vacant seat but upon closer inspection they quietly moved on. I was very pleased when not too far from my destination a man did ask her to move her bag so he could be seated. Slowly, begrudgingly and with overdramatised effort she did this.

Looking out the window gave me a much more beautiful look at life.

I pondered. What ‘Keep Out’ signs do I erect? What does my body language say, or even shout out to others?



Sr Kerry Gardiner

ROSTER – NEXT WEEKEND

October	Church Washing	Barbara Farraway	
Sat 15 Oct	Church Cleaning	Volunteers Needed	
Sat 15 Oct	Lawns	B Mannix, W Brown, F Caruana, J Lonard	
	Lectors	Welcomers	Children's liturgy
Sat 15 Oct 6pm Mass	M Rodwell	G Simmonite	
Sun 16 Oct 8am Mass	A Kelly	Fiona Carolan	Leah Galea, Alison Sharwood
Counters	A Kelly, B Farraway		

ALL YOUR PASTORAL NEEDS



For any pastoral needs:
please contact



Fr Duane Fernandez - 0414 626 357

duane.fernandez@dow.org.au

Sr Kerry Gardiner - 0421 463 871

Kerry.Gardiner@sosj.org.au

PARISH NEWS

Rosary Novena

With October being the month of the Rosary, join with us in praying a Novena of Rosary's **commencing Friday 7 October**, the memorial of Our Lady of the Rosary. The mysteries of the day will be prayed at the Immaculate Conception parish church each day, typically **before or after the daily Mass, or at other times, as detailed on page 1**. If you cannot join us in person, please consider praying the Rosary at home with your family at the same time or some other convenient time during the day.

Catholic Women's League

CWL ladies will hold their monthly meeting in St Joseph's Room on Thursday, 13th October at 10am. Everyone is welcome to join us for morning tea and a chat prior to the meeting at 10.30. We hope to see you there.

Church Yard clean up—Saturday 15 October

On Saturday 15 October we are having a church yard clean up from 9am—11:30am. We will meet in the courtyard between the church and the presbytery. Our plans are to pressure clean the footpaths, trim the courtyard trees and weed. An hour of your time to assist us would be greatly appreciated. Morning tea will be provided.

Living Faith books - Oct, Nov, Dec

The new Living Faith books have arrived. There is also a separate Living Faith Kids book—which includes daily reflections, prayers and activities. **Cost is \$5**. Please leave money in the box provided.



Parish Finances - week ending 2 Oct

\$329	First Collection	- Clergy Remuneration Fund
\$337	Second collection	- Parish expenses
\$120	Tap Point—Parish donations	
\$275	Planned giving envelopes	
\$548	Direct debits (weekly average from August).	

Direct debits can be contributed weekly, fortnightly or monthly.

Recycling bins

Your donations of 10c recyclable bottles, cans and plastics are most appreciated. Our bins are located in the church car park.



The Christian Meditation Group - 6pm Monday

Parishioners and friends are very welcome to come to learn of and experience this wordless form of non-denominational, contemplative prayer. Enquiries: text Monica - 0412 056 877

FREE TECHNOLOGY TRAINING FOR SENIORS – HOLY SPIRIT COLLEGE

If you are struggling with your mobile phone, downloading apps, or anything else that you may need, CatholicCare are very proud to be partnering with CEO and Holy Spirit College offering free technology training again to seniors within our diocese.

The Cross + Generational training program is a unique opportunity for an 'exchange of gifts' between both students and seniors. There are only four Friday sessions this term with the dates being **21 Oct, 4 and 18 Nov and 2 Dec, 9.30-11am** at Holy Spirit College Bellambi. To secure your place, please call Jane Hollier, at CatholicCare **0417 018 152** or janeh@catholiccare.dow.org.au

DLC EXPRESSION OF INTEREST

The Diocesan Liturgical Commission (DLC) actively promotes liturgy and advises the Bishop so that, in the Diocese of Wollongong, all liturgies express that in all things we are bearers of Christ's love. The DLC is now accepting expressions of interest. Learn more here: dow.org.au/news

THE JOURNEY CATHOLIC RADIO PROGRAMME – AIRS SUNDAY 9 OCT 2022

On the Journey this week. Deacon James Arblaster's Gospel reflection on faith and gratitude. Mother Hilda on the African philosophy of Ubuntu which translated means I am because you are. A faith testimony from Dominic Beltrame (NET member from Vancouver). Plus, Fr Mike Delaney on his daily highs and lows and seeing the power of God working in his life and in the lives of others, Deacon Josh Clayton looking at the impact water has on us and the life that it brings. Listen at jcr.org.au



A VOCATION VIEW

Gratitude leads to praise. For what are you thankful? Share your gratitude. (Luke 17:11-19)

If you want to talk about your discernment, please contact the diocesan vocations director, Fr Duane Fernandez at vocations@dow.org.au



GROWING GOOD MEN FATHER & TEENAGE SON WEEKEND EXPERIENCE

FRIDAY 6.30PM 21 OCTOBER – SUNDAY 1.30PM 23 OCTOBER 2022 TO BE HELD AT CATARACT ACTIVITY CENTRE, APPIN

GROWING GOOD MEN is an experientially based program which encourages and enables fathers and sons to strengthen their relationship and to explore important issues of growing into manhood. It is designed for fathers and their **adolescent sons aged 12 to 16 years (school years between 7 and 10)**. Don't miss this! Spots are limited to just 25 fathers with their sons. This is a unique opportunity for dads and their sons to embark on a quest of discovery with Robert Falzon (founder of menALIVE) and his team. Please register and pay online at www.dow.org.au/events Enquiries: Helen Bennett 4222 2403 or helen.bennett@dow.org.au

SOCIAL JUSTICE STATEMENT

Our relationships should be "marked by equality and reciprocity rather than domination and violence, respect and freedom rather than coercion and control".
<https://socialjustice.catholic.org.au>

OPEN WIDE: SPIRIT-LED DISCIPLESHIP RETREAT

28 – 30 OCTOBER AT CARMEL HOUSE, VARROVILLE

Join the MGL Sisters on retreat as we deepen in God's love, seek restoration, and be empowered to live life open wide to the Holy Spirit! The retreat will include inputs, the sacraments, prayer times and opportunities for spiritual conversation with others. It's for men and women aged 18+ and offers you a great chance to rest and restore before the final two months of the year are upon us! More info and register: <http://www.trybooking.com/BWMKC>

THE BISHOPS COMMISSION FOR EVANGELISATION, LAITY AND MINISTRY

Warmly invites all Catholics to 'Evangelise', a national, **online conference to be held from 20 – 22 October 2022**. The conference will promote understanding and explore practices of evangelisation in Australia through encounters with Christ, formation in discipleship, and mission in the world. The conference will feature a range of informative and engaging presentations on topics such as liturgy, marriage and family, discipleship, formation, and prayer. Individual registration (**\$25 each**) and further information can be found at: <http://www.evangelisation.catholic.org.au>

9 OCTOBER - TWENTY EIGHTH SUNDAY IN ORDINARY TIME (YEAR C)

First Reading— 2 Kings 5:14-17

Naaman returned to Elisha, the prophet, and acknowledged the Lord

Naaman the leper went down and immersed himself seven times in the Jordan, as Elisha had told him to do. And his flesh became clean once more like the flesh of a little child.

Returning to Elisha with his whole escort, he went in and stood before him. 'Now I know' he said 'that there is no God in all the earth except in Israel. Now, please, accept a present from your servant.'

But Elisha replied, 'As the Lord lives, whom I serve, I will accept nothing.' Naaman pressed him to accept, but he refused.

Then Naaman said, 'Since your answer is "No," allow your servant to be given as much earth as two mules may carry, because your servant will no longer offer holocaust or sacrifice to any god except the Lord.'

Responsorial Psalm - The Lord has revealed to the nations his saving power.

1. Sing a new song to the Lord for he has worked wonders.
His right hand and his holy arm have brought salvation. R.
2. The Lord has made known his salvation; has shown his justice to the nations.
He has remembered his truth and love for the house of Israel. R.
3. All the ends of the earth have seen the salvation of our God.
Shout to the Lord, all the earth, ring out your joy. R.

Second Reading — 2 Timothy 2: 8-13

If we hold firm, we shall reign with Christ.

Remember the Good News that I carry, 'Jesus Christ risen from the dead, sprung from the race of David'; it is on account of this that I have my own hardships to bear, even to being chained like a criminal – but they cannot chain up God's news. So I bear it all for the sake of those who are chosen, so that in the end they may have the salvation that is in Christ Jesus and the eternal glory that comes with it.

Here is a saying that you can rely on:

If we have died with him, then we shall live with him.
If we hold firm, then we shall reign with him.
If we disown him, then he will disown us.
We may be unfaithful, but he is always faithful,
for he cannot disown his own self.

Gospel Acclamation:

Alleluia, Alleluia! For all things give thanks to God, because this is what he expects of you in Christ Jesus. Alleluia!

Gospel — Luke 17:11-19

It seems that no one has returned to give thanks to God except this foreigner.

On the way to Jerusalem Jesus travelled along the border between Samaria and Galilee. As he entered one of the villages, ten lepers came to meet him. They stood some way off and called to him, 'Jesus! Master! Take pity on us.' When he saw them he said, 'Go and show yourselves to the priests.' Now as they were going away they were cleansed. Finding himself cured, one of them turned back praising God at the top of his voice and threw himself at the feet of Jesus and thanked him. The man was a Samaritan. This made Jesus say, 'Were not all ten made clean? The other nine, where are they? It seems that no one has come back to give praise to God, except this foreigner.' And he said to the man, 'Stand up and go on your way. Your faith has saved you.'