

PARISH AND SHRINE OF THE IMMACULATE CONCEPTION

48-50 Princes Highway (PO Box 14) Unanderra NSW 2526

www.unanderraparish.org.au

www.facebook.com/Immaculate-Conception-Unanderra-Parish-102440924742769/



Parish Priest: Fr Duane Fernandez
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 Email: Mark.Walsh@bluescopesteel.com
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Parish School: St Pius X Primary School
 Cnr Hargreaves & Cummins Streets
 (PO Box 358) Unanderra NSW 2526
 Phone: 4271 3550 | Fax: 4272 2954

School Principal: Mrs Pauline Chrostowski

Parish Secretaries: Mrs Magda Pires (Mon/Thu)
 Mrs Sue Briscoe (Fri)

Parish Office: Email: unanderra@dow.org.au
 Website: www.unanderraparish.org.au
 Phone: 4271 1068
 Fax: 4271 1298

22ND SUNDAY IN ORDINARY TIME – YEAR A – SUNDAY 30 AUGUST 2020

**Registrations ESSENTIAL for ALL Masses — via Unanderra Parish Office:
unanderra@dow.org.au or 4271 1068**

Weekly Programme	Immaculate Conception UNANDERRA	St Therese WEST WOLLONGONG
Monday 31 August	Mass: 7am	
Tuesday 1 September	Mass: 5.30pm	Mass: 7.45am
Wednesday 2 September	Mass: 9.30am	*Adoration: 4.30pm Mass: 5.30pm * Only those registered for 5.30pm Mass may attend Adoration at 4.30pm.
Thursday 3 September St Gregory The Great	Mass: 11am (<u>Polish</u>) * Adoration: 4.30pm Mass: 5.30pm *Only those registered for 5.30pm Mass may attend Adoration at 4.30pm.	Mass: 7.45am
Friday 4 September	Mass: 7am	Mass: 9.30am
Saturday 5 September	Rosary: 7.15am Mass: 7.30am Vigil Mass: 6pm	Mass: 9am
Sunday 6 September 23rd Sunday in Ordinary Time	Mass: 8am Mass: 10am (<u>Polish</u>)	Mass: 10am Mass: 5pm (also streamed online)

PLEASE REMEMBER IN YOUR PRAYERS

Recently Deceased

John ANDREWS

Anniversaries

Gennaro CURCIO Gary SAMWAYS

Nancy CROWE Richard ROCHE



Please also pray for the sick and those unable to attend Mass

PARISH OFFICE HOURS

unanderra@dow.org.au / 4271 1068

Monday: 11am-3pm (Magda)
 Tuesday: Closed
 Wednesday: Closed
 Thursday: 9am-3pm (Magda)
 Friday: 8am-1pm (Sue)

Message from Fr Duane

This Sunday 30 August is “Social Justice Sunday”, marked by the annual Social Justice Statement from the Australian Bishops. In this year’s statement, “To Live Life to the Full: Mental Health in Australia Today”, the topic of mental health is brought to the fore. Personally, the topic of mental health is of special interest to me, having studied psychology and initially planning to become a psychologist. I have found my studies most helpful in my pastoral work and have worked closely with people of all ages struggling with various mental health concerns.

It is a sad fact that mental illness, uniquely of all health concerns, of its very nature obscures the sufferer’s own view of their illness, and thus often prevents them from reaching out for the help they need. At the same time their behaviours may alienate others, leading them to a deeper isolation, in turn exacerbating their mental health problems.

Worse still, in spite of its prevalence, as the Bishops state, that there is still a stigma associated with seeking help for mental health. In my own experience there is sometimes even a unique obstacle to seeking help for people of deep faith: the perception that “God will be enough” to get them through – or should be. However, the way that God chooses to get us through our problems is often through other people; and just as with our physical health, so too with mental health, the healing skills of professionals are often the means God chooses to help us and bring us healing, during times of need.

Let us reflect this weekend on ourselves as Christians and as a Church, as we consider our own mental health and our response to those suffering from any kind of mental health concern. Let’s remember above all that we are called to follow Jesus in taking special care of the vulnerable, and though others in society may at times reject them or ignore them, we are called to seek them out, love them, and do all we can to bring them practical help, that they too may find life, and life to the full.

You can find the full statement of the Australian Catholic Bishops Conference here:

<https://socialjustice.catholic.org.au/>

Fr Duane Fernandez — Parish Priest



Sunday 5pm Mass at West Wollongong continues to be live-streamed every week:

<https://www.youtube.com/c/ICASTImmaculateConceptionStThereseParishes>



CAN'T COME TO MASS BUT WOULD LIKE TO RECEIVE COMMUNION OR ANOINTING OF THE SICK?

With Covid-19 still having a huge impact on so many still not being able to return to Sunday Mass, please contact the parish office or Sr Kerry if you would like to receive Communion in your home. Our present directives state that one must not be suffering from an illness for our Ministers of Communion to visit you. Any further enquiries, please contact Sr Kerry. If you do need a priest for the Anointing of the Sick, Fr Duane would be very happy for you to contact him.

Sr Kerry: Kerry.Gardiner@sosj.org.au / 0421 463 871

Fr Duane: Duane.Fernandez@dow.org.au / 0414 626 357

REGISTRATION PROCESS - BOTH UNANDERRA & WEST WOLLONGONG

Registrations are ESSENTIAL for ALL Masses at both Unanderra and West Wollongong — ALL registrations must be via the Unanderra Parish Office: unanderra@dow.org.au or 4271 1068 (please only call during office hours, shown in pink box on front page of bulletin). Please include the name of all family members who will be attending, contact phone number, email address and the day/time/church of your preferred Mass(es), both weekday and weekend. For weekend Masses, please await a confirmation email from Fr Duane approximately 24 hours prior to the Mass time, before attending the church.

ROSTER — NEXT WEEKEND

September	Church Washing	Jackie Allen
Sat 5 Sept	Church Cleaning	P & A Browne, K Harrison
	Lectors	Lawns — Sat 5 September
Sat 5 Sept 6pm Mass	D Ferrer	Winner Family,
Sun 6 Sept 8am Mass	M Walsh	P Briscoe, M Walsh

ALL YOUR PASTORAL NEEDS

For any pastoral needs:

please contact

Fr Duane Fernandez

0414 626 357

duane.fernandez@dow.org.au



WORLDWIDE MARRIAGE ENCOUNTER WEEKEND

Worldwide Marriage Encounter
Marriage Enrichment Weekend
20–22 November 2020

at Mt Carmel Retreat Centre, Varroville.

Learn to become the best version of yourselves together and live your best life in love!

Book online at www.wwme.org.au

Alternatively contact Christine & Terry Mahony on **0490 774 419** or nswbookings@wwme.org.au
If you would like Worldwide Marriage Encounter brochures, please see WWME website at www.wwme.org.au



A weekend of discovery.....a lifetime of love

A VOCATION VIEW

“O God, you are my God whom I seek.”

As St Augustine recognised, our hearts are restless until they rest in the Lord; eliminate that which blocks your seeking for God. (*Psalm 63:2*)

If you want to talk about your discernment, please contact the Diocesan Vocations Director, Fr Duane Fernandez, at: vocations@dow.org.au



SEASON OF CREATION

This coming month of September marks the



SEASON OF CREATION

commencement of the Season of Creation,

commencing with a world day of prayer on 1 September and concluding with the feast day of St Francis of Assisi on 4 October.

Join with Christians around the world in joyful celebrations, prayer, formation and activities that focus on our common home at <https://seasonofcreation.org/>

THE JOURNEY CATHOLIC RADIO PROGRAMME – AIRS SUNDAY 30 AUGUST 2020 –

On The Journey this week, Jude Hennessy interviews John Ferguson from the Office of Social Justice about this Sunday's Social Justice statement on mental health by the Australian Bishops. Plus, the Gospel reflection by Fr Mark De Battista and Sr Hilda remembering the 14th anniversary of the death of Mother Abbess Benedicta Philips OSB.



The Journey is available from Friday every week for free download at www.jcr.org.au

MENALIVE MEN'S MINISTRY

CALLING ALL MEN...

to join in our menALIVE men's ministry!



We meet once a fortnight (currently via a Zoom meeting) on a Monday night to catch up on what is happening in our lives, offering each other support and advice, along with some fun.

Hosted by the St Mary's Berkeley for ALL men!!
The next meeting will be **Monday 31 August at 7pm.**

Interested? Please email us at:

berkeleypastoralcouncil@dow.org.au

for an invitation with a link to the meeting.

For more info call Lawrie Burns on 0418 363 315.

SISTERHOOD SESSIONS

All young adult women (18+) are welcome to Sisterhood Sessions led by the NET sisters! Join us at the Xavier Centre fortnightly on Thursdays (starting Thursday 3 September 2020) at 7pm—8.30pm for light snacks, fun sisterhood activities and a great community! To ensure COVID19 restrictions are abided, please let NET know that you are planning to attend by a direct message via Instagram [@wollongongnetteam](https://www.instagram.com/wollongongnetteam) or emailing them at net@dow.org.au



WEEKLY HOLY HOUR

Join the NET Team for online Holy Hour!



Every Wednesday

from **6.30pm**

on Instagram

[@wollongongnetteam](https://www.instagram.com/wollongongnetteam) or

Facebook [@CYMDOW](https://www.facebook.com/CYMDOW) (Catholic Youth Ministry Wollongong).

SUNDAY 30 AUGUST 2020 — 22nd SUNDAY IN ORDINARY TIME (YEAR A)

First Reading — Jeremiah 20:7-9 — *The word of the Lord God has meant derision for me.*

You have seduced me, Lord, and I have let myself be seduced; you have overpowered me: you were the stronger. I am a daily laughing-stock, everybody's butt. Each time I speak the word, I have to howl and proclaim: 'Violence and ruin!'. The word of the Lord has meant for me insult, derision, all day long. I used to say, 'I will not think about him, I will not speak in his name any more.' Then there seemed to be a fire burning in my heart, imprisoned in my bones. The effort to restrain it wearied me, I could not bear it.

Responsorial Psalm — *My soul is thirsting for you, O Lord my God.*

1. O God, you are my God, for you I long;
for you my soul is thirsting.
My body pines for you like a dry,
weary land without water. R.
2. So I gaze on you in the sanctuary
to see your strength and your glory.
For your love is better than life,
my lips will speak your praise. R.
3. So I will bless you all my life,
in your name I will lift up my hands.
My soul shall be filled as with a banquet,
my mouth shall praise you with joy. R.
4. For you have been my help;
in the shadow of your wings I rejoice.
My soul clings to you;
your right hand holds me fast. R.



Second Reading — Romans 12:1-2 — *May you present your bodies as a living sacrifice.*

Think of God's mercy, my brothers, and worship him, I beg you, in a way that is worthy of thinking beings, by offering your living bodies as a holy sacrifice, truly pleasing to God. Do not model yourselves on the behaviour of the world around you, but let your behaviour change, modelled by your new mind. This is the only way to discover the will of God and know what is good, what it is that God wants, what is the perfect thing to do.

Gospel Acclamation

Alleluia, alleluia! My the Father of Our Lord Jesus Christ enlighten the eyes of our heart, that we might see how great is the hope to which we are called. Alleluia!

Gospel — Matthew 16:21-27 — *Whoever wishes to come after me must deny himself.*

Jesus began to make it clear to his disciples that he was destined to go to Jerusalem and suffer grievously at the hands of the elders and chief priests and scribes, to be put to death and to be raised up on the third day.

Then, taking him aside, Peter started to remonstrate with him. 'Heaven preserve you, Lord;' he said 'this must not happen to you.' But he turned and said to Peter, 'Get behind me, Satan! You are an obstacle in my path, because the way you think is not God's way but man's.'

Then Jesus said to his disciples, 'If anyone wants to be a follower of mine, let him renounce himself and take up his cross and follow me. For anyone who wants to save his life will lose it; but anyone who loses his life for my sake will find it. What, then, will a man gain if he wins the whole world and ruins his life? Or what has a man to offer in exchange for his life? 'For the Son of Man is going to come in the glory of his Father with his angels, and, when he does, he will reward each one according to his behaviour.'



BAPTISMS AND RECONCILIATION

The Sacraments of Baptism and Reconciliation are available again, by appointment with Fr Duane.

NB: There are no set times for either of these Sacraments at this point, and appointments for Reconciliation should be made away from Mass times, so as not to complicate the monitoring system for Masses. Please contact Fr Duane: duane.fernandez@dow.org.au or 0414 626 357.