

# PARISH AND SHRINE OF THE IMMACULATE CONCEPTION

48-50 Princes Highway (PO Box 14) Unanderra NSW 2526

[www.unanderraparish.org.au](http://www.unanderraparish.org.au)



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**Parish Pastoral Council President:** Mark Walsh  
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**Parish School:** St Pius X Primary School  
Cnr Hargreaves & Cummins Streets  
(PO Box 358) Unanderra NSW 2526  
Phone: 4271 3550 | Fax: 4272 2954

**School Principal:** Mrs Pauline Chrostowski

**Parish Secretaries:** Mrs Magda Pires (Mon)  
Mrs Sue Briscoe (Wed/Thu/Fri)

**Parish Office:** Phone: 4271 1068  
Fax: 4271 1298  
Email: [unanderra@dow.org.au](mailto:unanderra@dow.org.au)  
Website: [www.unanderraparish.org.au](http://www.unanderraparish.org.au)

## PENTECOST SUNDAY – YEAR A – SUNDAY 31 MAY 2020

### *Message from Fr Duane*

The Immaculate Conception and St Therese (ICAST) Parish Pastoral Councils met together via Zoom after receiving the latest Diocesan Directives from Bishop Brian Mascord regarding opening of Churches (27 May – refer to “Diocesan Directives” attachment). It was a very fruitful meeting, and I thank our Pastoral Council members for their generosity and wisdom in these complex deliberations, summarised as follows.

**Reconciliation** is available by appointment with either Fr Duane (0414 626 357) or Fr Jerzy (0410 225 975).

**Baptisms** are allowed and will be booked through communication with Fr Duane.

Personal prayer in the churches outside of Mass times is not possible at this time, as per the Directives.

**Mass attendance is now permitted – with strict regulations in place, and only by prior registration.** Refer to the “Mass Attendance Process” attachment for details of how to register for Mass in the Parishes of Immaculate Conception and St Therese.

Please Note: The current Diocesan Directives presume the maximum capacity of 10 worshippers. Though the government increased the limit to 50 (starting Monday 1 June) the detailed health legislation has not yet been released, and the Bishop and his advisors will update their directives as soon as possible. As you will see in the “Mass Attendance Process” attachment, registration for both St Therese and Immaculate Conception will happen through the Unanderra Parish Office, preferably via email. Attendance at Mass will only be possible after receiving confirmation from the Unanderra Parish secretaries; this is to comply with government regulations, and also to create a system that will be safe for all, and fair to all, given the current limitations.

This Sunday we celebrate the Feast of Pentecost, which we speak of as the “birthday of the Church”, as the Holy Spirit was poured into the hearts of the Apostles, who began preaching the good news of Christ’s Resurrection to all nations. We have received this same Spirit, who unites us as one, and continues to guide the Church through these difficult times.

“Come Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love. Send forth your Spirit and they shall be created. And You shall renew the face of the earth. O, God, who by the light of the Holy Spirit, did instruct the hearts of the faithful, grant that by the same Holy Spirit we may be truly wise and ever enjoy His consolations, Through Christ Our Lord, Amen.”

**Fr Duane Fernandez - Parish Priest**

### PLEASE REMEMBER IN YOUR PRAYERS



#### Recently Deceased

Eralda CUNZOLO  
(nee FERRARO)

### NEW PARISH OFFICE HOURS

Monday: 8.30am-3pm (Magda)  
Tuesday: Closed  
Wed/Thu: 8.30am-12.30pm (Sue)  
Friday: 8.30am-3pm (Sue)

Please continue to only ring  
or email the office – please  
do not visit. 4271 1068  
[unanderra@dow.org.au](mailto:unanderra@dow.org.au)

**— KEEPING THE LORD'S DAY HOLY —**  
**OUR SUNDAY MASS WILL BE LIVE STREAMED EVERY WEEK!**  
**ONLINE MASS — EVERY SUNDAY AT 5PM**

Join Fr Duane and Seminarian Sinh Le for Sunday Mass live streamed from St Therese Church every Sunday at 5pm at: <https://www.facebook.com/Immaculate-Conception-Unanderra-Parish-102440924742769/>

For those without Facebook, you can still view it through this link: <https://www.sttherese.com.au>

We will also stream it through our new YouTube channel at:

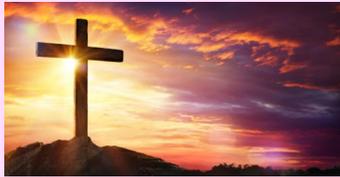
[https://www.youtube.com/channel/UCG6HKCV4D\\_a1JMWx0gS7rTw](https://www.youtube.com/channel/UCG6HKCV4D_a1JMWx0gS7rTw)

There are many prayers of spiritual communion, but this seems the most popular:

**Prayer of "Spiritual Communion", given to us by St Alphonsus Liguori (1696-1787):**

**My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen.**

## PASTORAL NEEDS



For any  
pastoral needs:  
please contact  
**Fr Duane**

on **0414 626 357**

or [duane.fernandez@dow.org.au](mailto:duane.fernandez@dow.org.au)

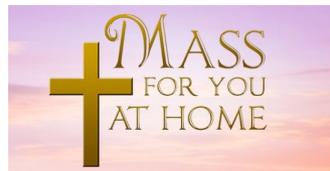
## SPIRITUAL RESOURCES

For daily Masses, parishioners throughout the Diocese are encouraged to access other home worship resources at:

<https://www.dow.org.au/covid-19/daily-online-masses-and-spiritual-resources/>

**For those without internet:**

'Mass For You At Home' is available across the Ten (WIN) Network on Sundays at 6am.



## YOUTH MINISTRY ONLINE

The Catholic Youth Ministry Wollongong launched LIVE Online last week. Check it out at:

[https://www.youtube.com/watch?v=qdC-Q7\\_-OVY](https://www.youtube.com/watch?v=qdC-Q7_-OVY)

Joel and Robyn get real in this creative show about faith in the life of young people, inviting them into lives that are full and joyful.

This is a great way to build not only your faith

but to build lasting friendships.

To get in touch with the NET team and be part of this, simply follow the "CYMW" Facebook page or by Instagram at "wollongongnetteam"



## PLANNED GIVING DURING THE PANDEMIC

Some have asked how they can continue to donate to the Parish, in the absence of collections at Mass. Wollongong Diocese has provided the following link to facilitate any contributions that people still wish to make, in the absence of collections at Mass, and explains where the money goes.

If you wish to contribute, please go to: [www.dow.org.au/plannedgiving/](http://www.dow.org.au/plannedgiving/)  
or call the parish office on 4271 1068.

***(If you use the above link to sign up for planned giving, please also inform our Parish office for accounting purposes by contacting Magda/Sue at: [unanderra@dow.org.au](mailto:unanderra@dow.org.au) / 4271 1068).***



## A VOCATION VIEW



"As the Father has sent me, so I send you." The coming of the Spirit gives us the power and vitality to be a witness to Christ, no matter the cost. (*John 20:21*)

If you want to talk about your discernment, please contact the Diocesan Vocations Director, Fr Duane

Fernandez, at [vocations@dow.org.au](mailto:vocations@dow.org.au) —

or our new Vocations video at

<https://www.dow.org.au/covid-19/sunday-mass-online-withbishop-brian/>

## STAYING CONNECTED WITH GOD & EACH OTHER



Please encourage others to join our emailing list by contacting Magda/Sue at [unanderra@dow.org.au](mailto:unanderra@dow.org.au) and ask to be added to the list. Please join our new Facebook pages: "Immaculate Conception Unanderra Parish" and "St Therese Parish West Wollongong".

**Be sure to tell others too!**

## ONLINE ADULT FAITH FORMATION & TRAINING

Coming up in June are three outstanding opportunities for online training:

1. **The Eucharist – Exploring our Catholic Faith** – Mondays 1-22 June or Fridays 5-26 June – all at 4pm – via Zoom Video Conferencing.
2. **An Introduction to the Psalms: A Songbook for Today** – Fr Mark De Battista - Thursdays 4-25 June at 4pm-5pm (repeated at 8pm-9pm) – via Zoom Video Conferencing.
3. **Alpha – Refreshing our Vision and Practice** – For parish teams already trained in Alpha as a renewal and outreach strategy – Monday 1 June at 7.30pm – via Zoom Video Conferencing.

To register go to:

<https://www.dow.org.au/news-and-events/>

For further information, please email:

[darren.mcdowell@dow.org.au](mailto:darren.mcdowell@dow.org.au)

## WEEKLY ADORATION

Adoration will be live-streamed Wednesday nights. The NET Team will be hosting a **Holy Hour every Wednesday at 6.30pm**. This will be a time set aside for Adoration of the Blessed Sacrament.

This will be broadcast via:

Facebook: <https://www.facebook.com/cymdow/>

Instagram: <https://www.instagram.com/wollongongnetteam/>



## ST VINNIES HELP DURING COVID-19 PANDEMIC

Due to the latest restrictions imposed by the Government, the Unanderra Conference have now ceased all service calls.

*Coniston Welfare Centre is available for phone calls  
10am to 2pm Monday to Friday: 4228 9355*

The welfare centre will ask that if the person only requires food support, that they can go to the centre for a hot meal, frozen takeaway meal or a small quantity of non-perishable food for overnight. Clothing and material assistance will be limited to emergency items only and through the welfare centre.

Unfortunately, assistance for electricity and phone accounts is not available at this time due to the necessity for face-to-face interviews.



## CATHOLIC CARE

**Always Connected...**

While the CatholicCare office is closed due to current restrictions, our dedicated Client Services Officer Marion is still here to take your calls and emails. She and the CatholicCare team are working on practical and innovative new ways to support our clients through COVID-19.



Please email or call us if you have any questions – we're here to help.

Phone: **4227 1122**

Email: [enquiries@catholiccare.dow.org.au](mailto:enquiries@catholiccare.dow.org.au)

## FAITH CIRCLES

During this period of pandemic isolation, you are encouraged to spend time in prayer and spiritual reading and Faith Circles is one way that you can do this. The weekly Faith Circles resource is available for free to download. It is easy to use and could easily be done in your household or even by Skype/phone with others at this time, with its questions and prayer points.

It is available to download at <https://www.dow.org.au/media-resources/faith-circles/> or have it sent to you each month via email subscription.

## PRAYER RESOURCES FOR INDIVIDUALS & FAMILIES

During this time of social isolation, it is important that we pray and stay connected to our community. A range of online resources are available to assist with this. These include daily prayers and readings, prayer services, the Sunday Office, commentaries, homilies and reflections as well as Gospel based activities and resources to support personal and family prayer. Go to:

<https://www.liturgyhelp.com/aus/woll/pray> and follow the prompts to access. Hopefully these resources will help create prayerful solidarity with our community and the whole Body of Christ.



## SUNDAY 31 MAY 2020 — PENTECOST SUNDAY (YEAR A)

**First Reading** — Acts 2:1-11— *They were all filled with the Holy Spirit, and began to speak different languages.*

When Pentecost day came round, the apostles had all met in one room, when suddenly they heard what sounded like a powerful wind from heaven, the noise of which filled the entire house in which they were sitting; and something appeared to them that seemed like tongues of fire; these separated and came to rest on the head of each of them. They were all filled with the Holy Spirit, and began to speak foreign languages as the Spirit gave them the gift of speech.

Now there were devout men living in Jerusalem from every nation under heaven, and at this sound they all assembled, each one bewildered to hear these men speaking his own language. They were amazed and astonished. 'Surely' they said 'all these men speaking are Galileans? How does it happen that each of us hears them in his own native language? Parthians, Medes and Elamites; people from Mesopotamia, Judaea and Cappadocia, Pontus and Asia, Phrygia and Pamphylia, Egypt and the parts of Libya round Cyrene; as well as visitors from Rome – Jews and proselytes alike – Cretans and Arabs; we hear them preaching in our own language about the marvels of God.'

**Responsorial Psalm** — *Lord, send out your Spirit and renew the face of the earth.*

1. Bless the Lord, my soul!  
Lord God, how great you are;  
How many are your works, O Lord!  
The earth is full of your riches. *R.*
2. You take back your spirit, they die;  
returning to the dust from which they came.  
You send forth your spirit, they are created;  
and you renew the face of the earth. *R.*
3. May the glory of the Lord last for ever!  
May the Lord rejoice in his works!  
May my thoughts be pleasing to him.  
I find my joy in the Lord. *R.*



**Second Reading** — 1 Corinthians 12:3-7, 12-13 — *In the one Spirit we were all baptised, making one body.*

No one can say, 'Jesus is Lord' unless he is under the influence of the Holy Spirit.

There is a variety of gifts but always the same Spirit; there are all sorts of service to be done, but always to the same Lord; working in all sorts of different ways in different people, it is the same God who is working in all of them. The particular way in which the Spirit is given to each person is for a good purpose.

Just as a human body, though it is made up of many parts, is a single unit because all these parts, though many, make one body, so it is with Christ. In the one Spirit we were all baptised, Jews as well as Greeks, slaves as well as citizens, and one Spirit was given to us all to drink.

### **Gospel Acclamation**

Alleluia, alleluia! Come, Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love. Alleluia!

**Gospel** — John 20:19-23 — *As the Father sent me, so I send you: Receive the Holy Spirit.*

In the evening of the first day of the week, the doors were closed in the room where the disciples were, for fear of the Jews. Jesus came and stood among them. He said to them, 'Peace be with you', and showed them his hands and his side. The disciples were filled with joy when they saw the Lord, and he said to them again, 'Peace be with you. As the Father sent me, so am I sending you.'

After saying this he breathed on them and said:

'Receive the Holy Spirit. For those whose sins you forgive, they are forgiven:  
for those whose sins you retain, they are retained.'